



# Closet De-cluttering

## Letting go and letting in

### What to keep:

- \*Items that have sentimental value
- \*Items that you love
- \*Classics foundation pieces
- \* Sunglasses, belts and Jewelry

### A guide to cleaning out your closet — PASTA

#### P=Prep and prepare

- Grab a rack
- Divider tags and boxes.
- Give yourself enough time
- Label the tags and place them on the rack
- Alterations, donate, friends, what should I do with this?
- Label the boxes
- Donate, friends, when I lose 10 lbs

#### A= Ask

- Do I love it?
- Does it fit me correctly or does it need alterations?
- Does it need to be replaced?

#### S=Separate & Section

- Work in sections and take breaks. Tackle all your blouses at one time then move to another category etc...

#### T= Try on your clothes that you're not sure about.

- Try things on and analyze. Do they still work for your lifestyle? Recruit an honest (stylish) friend
- Consider doing this on a different day so you don't become overwhelmed.

#### A-Accessories

- Go through your accessories which include belts, jewelry, sunglasses, handbags and scarves.
- Make sure you have the basic must haves and that you have belts that match your shoes.

YOU DID IT!!!! I'm so proud of you!!! Give me a shout out on Instagram @jenprinciplestyles and let me know how it went.